



Local Food for Local Communities

The Food Shed is an Armstrong-based wholesale warehouse connecting schools, institutions, social service agencies and non-profit organizations in our community to year-round, local, affordable, food grown by regional small-medium scale farmers.

Our Mission

Connecting regional food producers with agency partners and schools through a warehouse that helps to ensure year-round access to fresh, affordable, locally grown food.

Our Leadership

This project is led by **Land to Table Network Society**. L2T is a non-profit, network driven society working across the North Okanagan and Columbia-Shuswap food system and neighbouring regions to build a thriving, healthy, just and resilient regional food system.



Land to Table
Network Society



The Food Shed is provincially funded by the **United Way BC Large Food Infrastructure Grant**.

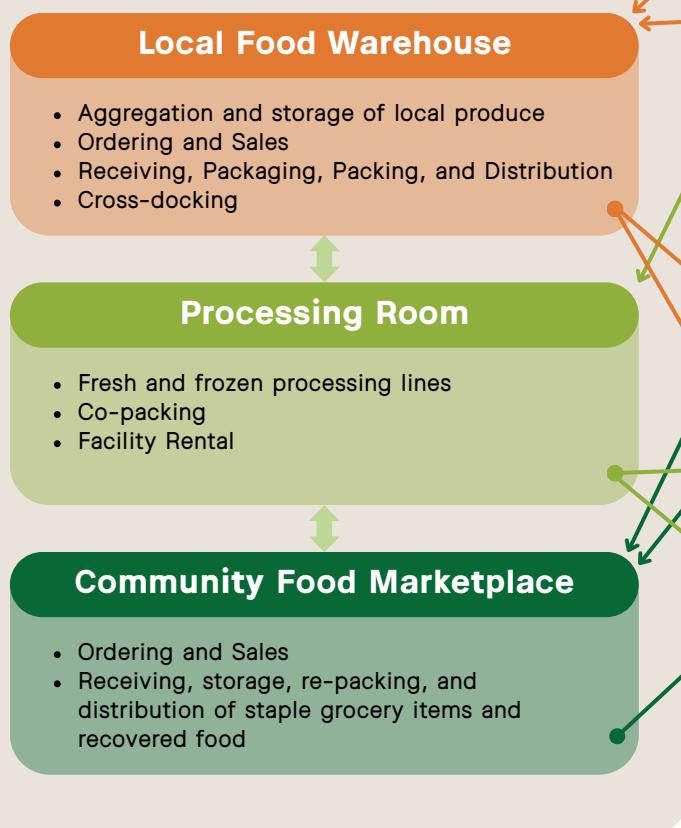
We are partnering with **Valley Direct Foods** for warehousing and distribution at the Rancho Vignola site in Armstrong, BC.

Our Timeline



THE FOOD SHED

The Food Shed model and ecosystem of supply sources that meet the growing demand



SUPPLY

Regional* Farmers

Fresh bulk produce from regional producers (Carrots, potatoes, onions, apples, squash).

*Okanagan, Shuswap, Kootenays

SUPPLY

Local Distributors

Top-up produce when regional farmers cannot meet demand.
Grocery items available to community for purchase.

SUPPLY

Recovered food donated by other charities
Low cost grocery items purchased direct from manufacturers and liquidators.

DEMAND

Community-serving organizations

Schools, care homes, meal programs, hospitals, post-secondary institutions, food banks, and other community food access programs.

DEMAND

Food Businesses

Grocers, restaurants, distributors, and other businesses who buy and sell food to the consumer market.

Join Our Newsletter

Scan the QR to join our community and receive TFS updates.

Get Involved

We invite local producers, community organizations, and the general public to reach out to Sammy Blair, sammy@landtotablenetwork.com, if you are interested in getting involved.

Sign Up

