



# Local Food for Local Communities

**The Food Shed** is an Armstrong-based wholesale warehouse connecting schools, institutions, social service agencies and non-profit organizations in our community to year-round, local, affordable, food grown by regional small-medium scale farmers.

## Our Mission

Connecting regional food producers with agency partners and schools through a warehouse that helps to ensure year-round access to fresh, affordable, locally grown food.

## Our Leadership

This project is led by **Land to Table Network Society**. L2T is a non-profit, network driven society working across the North Okanagan and Columbia-Shuswap food system and neighbouring regions to build a thriving, healthy, just and resilient regional food system.



**Land to Table**  
Network Society



The Food Shed is provincially funded by the **United Way BC Large Food Infrastructure Grant**.

We are partnering with **Valley Direct Foods** for warehousing and distribution at the Rancho Vignola site in Armstrong, BC.

## Our Timeline

Community discovery (>2019)

Identifying community food infrastructure needs and opportunities (2019-2024)

Securing initial funding and site partner (2025)

**WE ARE HERE**  
The Food Shed Development (2025-2026)

The Food Shed: Warehouse Launch (2026)

The Food Shed: The Processing Room Launch (2027)

The Food Shed: Community Food Marketplace Launch (2027/2028)

Monitoring, evaluation, stabilization and growth (2028)



# THE FOOD SHED

The Food Shed model and ecosystem of supply sources that meet the growing demand

## Local Food Warehouse

- Aggregation and storage of local produce
- Ordering and Sales
- Receiving, Packaging, Packing, and Distribution
- Cross-docking

## Processing Room

- Fresh and frozen processing lines
- Co-packing
- Facility Rental

## Community Food Marketplace

- Ordering and Sales
- Receiving, storage, re-packing, and distribution of staple grocery items and recovered food

### SUPPLY

#### Regional\* Farmers

Fresh bulk produce from regional producers (Carrots, potatoes, onions, apples, squash).

*\*Okanagan, Shuswap, Kootenays*

### SUPPLY

#### Local Distributors

Top-up produce when regional farmers cannot meet demand.

Grocery items available to community for purchase.

### SUPPLY

Recovered food donated by other charities

Low cost grocery items purchased direct from manufacturers and liquidators.

### DEMAND

#### Community-serving organizations

Schools, care homes, meal programs, hospitals, post-secondary institutions, food banks, and other community food access programs.

### DEMAND

#### Food Businesses

Grocers, restaurants, distributors, and other businesses who buy and sell food to the consumer market.

## Join Our Newsletter

Scan the QR to join our community and receive TFS updates.

## Get Involved

We invite local producers, community organizations, and the general public to reach out to Sammy Blair, [sammy@landtotablenetwork.com](mailto:sammy@landtotablenetwork.com), if you are interested in getting involved.

## Sign Up

